

# Prostate Cancer Masterclass

*the whole journey counts: choices and dilemmas*



Programme – Day 1 – Wednesday 23 April 2008

| <b>Time</b>  | <b>Session</b>  | <b>Speaker</b>   |
|--------------|---|--|
| <b>09.00</b> | <i>Registration</i>   |  |
| <b>09.20</b> | <b>Welcome and Introduction of Chairman, Mr Mike James</b>  | Lorraine Robinson, Lecturer, King's College London and Georgia Diebel, The Prostate Cancer Charity   |
|              | <i>Keynote address</i>  |  |
| <b>09.30</b> | <b>Policy agenda for prostate cancer</b>  | Professor Alison Richardson, Professor of Cancer and Palliative Care, King's College London  |
|              | <i>Plenary 1: Understanding prostate cancer</i>   |  |
| <b>10.00</b> | <b>Choices at the start of the journey: understanding the real risk factors</b>   | Dr Chris Parker, Senior Lecturer & Honorary Consultant in Clinical Oncology, Academic Urology Unit, Institute of Cancer Research and Royal Marsden               |
| <b>10.45</b> | <b>Gleason grading: what's the real score?</b>  | Dr Dan Berney, Consultant, Department of Cellular Pathology, The Royal London Hospital   |
| <b>11.30</b> | <i>Coffee/tea</i>   |  |
|              | <i>Plenary 2: Managing prostate cancer</i>  |  |
| <b>12.00</b> | <b>Active surveillance: do I need treatment or not?</b>   | Dr Chris Parker, Senior Lecturer & Honorary Consultant in Clinical Oncology, Academic Urology Unit, Institute of Cancer Research and Royal Marsden               |
| <b>13.00</b> | <i>Lunch</i>  |  |
| <b>14.00</b> | <b>New therapies for prostate cancer: real choices or just dilemmas?</b>  | Mr Declan Cahill, Consultant, Department of Urology, Guy's and St Thomas' NHS Foundation Trust   |
| <b>15.00</b> | <i>Coffee/tea</i>   |  |
|              | <i>Workshops – Living with prostate cancer: lifestyle choices</i>   |  |
| <b>15.15</b> | <b>a) Understanding food: the physical and psychological benefits<br/>b) Making sense of the evidence for complementary therapies</b> | Liz Butler, Senior Nutritional Therapist, Penny Brohn Cancer Care and Professor Kenneth Muir, Professor of Epidemiology, University of Nottingham Medical School |
| <b>16.00</b> | <b>a) Understanding food: the physical and psychological benefits<br/>b) Making sense of the evidence for complementary therapies</b> | Liz Butler, Senior Nutritional Therapist, Penny Brohn Cancer Care and Professor Kenneth Muir, Professor of Epidemiology, University of Nottingham Medical School |
| <b>16.45</b> | <b>Summary, questions and networking</b>  | Mr Mike James, Consultant Urologist, Department of Urology, Chesterfield Royal Hospital NHS Foundation Trust   |
| <b>17.15</b> | <i>Close</i>  |  |

Programme – Day 2 – Thursday 24 April 2008

| <b>Time</b>  | <b>Session</b>  | <b>Speaker</b>   |
|--------------|---|--|
| <b>09.00</b> | <b>Welcome back and housekeeping</b>  | Mr Mike James, Consultant Urologist, Department of Urology, Chesterfield Royal Hospital NHS Foundation Trust and Lorraine Robinson, Lecturer, King's College London  |
|              | <i>Keynote address</i>  |  |
| <b>09.15</b> | <b>Taking the lead: nurse-led care</b>  | Nicola James, Macmillan Nurse Consultant: Cancer Care, Department of Urology, Chesterfield Royal Hospital NHS Foundation Trust   |
|              | <i>Plenary 3 : Living with prostate cancer: the consequences of hormone therapy</i>   |  |
| <b>10.15</b> | <b>Managing hormone refractory disease: when hormones fail</b>                        | Dr Johann de Bono, Senior Lecturer & Consultant, Section of Medicine, Drug Development Unit, Institute of Cancer Research and Royal Marsden  |
| <b>11.00</b> | <i>Coffee/tea</i>   |  |
| <b>11.30</b> | <b>Hormone therapy affects gender and feelings not just erectile function</b>         | Lorraine Grover, Clinical Nurse Specialist in Sexual Wellbeing   |
| <b>12.10</b> | <b>Gynaecomastia: a couple's experience</b>   | John and Ann Essex, couple affected by prostate cancer   |
| <b>12.40</b> | <b>The evidence: treating hot flushes in a nurse-led auricular acupuncture clinic</b> | Andrea Harris, Acupuncturist for Urology, Department of Urology, James Cook University Hospital and Mr Chris Harding, Research fellow for Urology, The Newcastle upon Tyne Hospitals NHS Trust                   |
| <b>13.15</b> | <i>Lunch</i>  |  |
|              | <i>Workshop</i>   |  |
| <b>14.15</b> | <b>Introducing decision support into the NHS</b>                                      | Jo Finn, Project Manager, Urology Informed Decision Making Project   |
| <b>15.30</b> | <b>A thank you</b>  | Andy Ripley, Rugby legend, sportsman and ambassador for The Prostate Cancer Charity  |
| <b>16.00</b> | <b>Interactive evaluation and audience feedback</b>                                   | Mr Mike James, Consultant Urologist, Department of Urology, Chesterfield Royal Hospital NHS Foundation Trust, Lorraine Robinson, Lecturer, King's College London and Georgia Diebel, The Prostate Cancer Charity |
| <b>16.15</b> | <i>Close</i>  |  |

KING'S  
*College*  
LONDON

---

---